

TRUTH -TELLING TUESDAYS:

“Truth-telling Tuesday” is a powerful concept that can be used to regularly embed Aboriginal and Torres Strait Islander perspectives into early childhood education settings. It’s not just about history—it’s about honouring lived experiences, amplifying voices, and fostering respectful relationships. Here’s how you could bring it to life in your service:

What Is Truth-Telling?

Truth-telling involves sharing the full story of Australia’s history—including colonisation, dispossession, and resilience—led by First Nations peoples. It’s about listening deeply, acting respectfully, and creating space for healing and understanding.

Embedding It in Practice: “Truth-Telling Tuesday” Ideas

1. Storytelling & Yarning Circles

- Invite Elders or First Nations educators to share stories, language, or cultural practices.
- Use picture books by Indigenous authors to spark discussion (e.g. *Welcome to Country* by Auntie Joy Murphy).

2. Place-Based Learning

- Explore the history of your local area: Who are the Traditional Custodians? What are the stories of this land?
- Create collaborative maps with children showing Indigenous place names and landmarks.

3. Art & Expression

- Use Indigenous art styles and symbols to explore identity, connection, and Country.
- Encourage children to create “truth-telling murals” that reflect what they’ve learned.

4. Language & Acknowledgement

- Teach children simple words in the local First Nations language.
- Begin the day with an Acknowledgement of Country led by children.

5. Staff Reflection & Planning

- Use Tuesdays for team reflection: What truths are we amplifying? What biases are we challenging?
- Embed truth-telling into your programming cycle and critical reflections.

An example, research the Didgeridoo

This will be displayed in a book for the Foyer and on story park for everyone to see and parents.

